

Take a LOOK

Sniff and
SMELL

✗ pungent smell

✗ too bright

✗ mould
damage by worms or vermins
discolouring

Ensure

✓ to source from
reputable suppliers

✓ to obtain quality documents
(such as certificates of analysis)

Remember

✓ to adopt appropriate methods of storage

Use Chinese herbal
medicines safely



Chinese Medicine Regulatory Office
www.cmro.gov.hk



衛生署
Department of Health