

## **Alert on Chinese medicines adulterated with undeclared western medicines**

Recently, the Department of Health (DH) has noted an increased reporting of incidents of suspected Chinese medicines adulterated with undeclared western medicines, including those claimed to be used for weight reduction or treatment of skin conditions. Some cases of which are currently being investigated.

Weight control should be achieved through adopting a healthy lifestyle, including a balanced diet and appropriate exercise. People should consult health care professionals before using any medicines for weight control.

Health care professionals if in doubt about possible adulteration of suspected Chinese medicines with undeclared western medicines should report to the Centre for Health Protection, Department of Health. Please view this link for details.  
<http://www.chp.gov.hk/ceno>

Chinese Medicine Division of Department of Health  
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